



**STATE OF ILLINOIS GROUP INSURANCE PROGRAM**

**FY 2012 BENEFIT CHOICE PERIOD**

416000000  
John Doe  
123 Main Street  
Anywhere, IL 11111

Dear Member:

The Benefit Choice Period for FY 2012 will be held May 1, 2011, through May 31, 2011. Elections will be effective July 1, 2011.

Information regarding this year's Benefit Choice Options can be found on the Benefits website ([www.benefitschoice.il.gov](http://www.benefitschoice.il.gov)). On that website, members will find the most up-to-date information regarding FY 2012 benefit options, as well as all forms necessary to complete any enrollment changes. Members should complete the Benefit Choice Election form **only if changes** are being made. Changes **MUST** be submitted to your group insurance representative (GIR) on or before May 31, 2011. Your GIR will process the changes based upon the information indicated on the form. Once your request has been processed, a verification form will be sent to your address on file. If you do not receive this verification by June 20, 2011, please contact your GIR.

Enclosed is a summary of some of the important changes this year, as well as certain notifications which the Bureau of Benefits is required, by law, to provide to you. Please review this information carefully and retain these notifications in your records. Additional copies can be obtained through the Benefits website.

If you have questions or need assistance regarding your options for FY 2012, please contact your GIR (contact information available on the Benefits website - click on the 'Contact Information' link) or the Bureau of Benefits at (800) 442-1300, (217) 782-2548 or TDD/TTY at (800) 526-0844.

Enclosures

# Notice of Creditable Coverage

## Prescription Drug Information for State of Illinois Medicare Eligible Plan Participants

This notice confirms that your existing prescription drug coverage through the State Employees Group Insurance Program is on average as good as or better than the standard Medicare prescription drug coverage (Medicare Part D). **You can keep your existing group prescription coverage and choose not to enroll in a Medicare Part D plan. Unless you qualify for low-income/extra-help assistance, you should not enroll in a Medicare Part D plan.**

With this Notice of Creditable Coverage, you will not be penalized if you later decide to enroll in a Medicare prescription drug plan. **However, you must remember that if you drop your entire group coverage through the State Employees Group Insurance Program and experience a continuous period of 63 days or longer without creditable coverage, you may be penalized if you enroll in a Medicare Part D plan later. If you choose to drop your State Employees Group Insurance coverage, the Medicare Special Enrollment Period for enrollment into a Medicare Part D plan is two months after the loss of creditable coverage.**

If you keep your existing group coverage, it is **not** necessary to join a Medicare prescription drug plan this year.

**REMEMBER: KEEP THIS NOTICE**

# State Employees Group Insurance Program

## IMPORTANT CHANGES FOR FY 2012

Below is a summary of important information for FY 2012. This is a summary and is not intended to reflect all benefit information for the FY 2012 plan year. **All information regarding the benefits for FY 2012 can be found on the Benefits website beginning May 1, 2011, at [www.benefitschoice.il.gov](http://www.benefitschoice.il.gov).**

### BENEFIT CHOICE CHANGES

- **Health Plan Changes** – Multiple carrier changes have been made for FY 2012. Some managed care plans have been dropped and others have been added. Additionally, the managed care coverage area (by county) has changed. Information regarding all of these changes, along with the rates associated with the new carriers, can be found in the Benefit Choice Options book on the Benefits website ([www.benefitschoice.il.gov](http://www.benefitschoice.il.gov)).

Members enrolled in ANY managed care plan that is no longer available under the Program or no longer available in their county **MUST** elect a new carrier during the Benefit Choice Period. Members who fail to make an election will be automatically defaulted to the Quality Care Health Plan effective July 1, 2011, and charged the applicable premium associated with that plan. Once defaulted, no health carrier changes will be allowed until the next Benefit Choice Period or until a qualifying change in status event occurs.

- **Dental Plan** - The dental carrier has changed for FY 2012. Effective July 1, 2011, Delta Dental will be the dental provider. Although the dental premium and Schedule of Benefits has not changed, two dental PPO networks have been added. See the Benefit Choice Options book for information.
- **Dependent Children** – Effective July 1, 2011, any dependent child (under age 26) will be eligible for health, dental and life insurance coverage, regardless of marital status or residency. Use the Benefit Choice Enrollment Form in the Benefit Choice Options booklet to enroll a new dependent
- **Life Insurance** – Life insurance coverage and rates have changed. See the Benefit Choice Options book for information. Due to the expansion of life coverage for all dependent children under age 26, members will be permitted to enroll ANY of their children under age 26 with Child Life coverage during the FY 2012 Benefit Choice Period **without** completing a Statement of Health application.

### OTHER FY 2012 CHANGES (continued on back)

- **Civil Union Partners** – Effective June 1, 2011, the State of Illinois will provide health, dental and life coverage for civil union partners and the dependents of civil union partners of eligible members. Enrollments will be processed in accordance with qualifying change in status rules. Information and FAQs regarding coverage for these individuals can be found on the Benefits website ([www.benefitschoice.il.gov](http://www.benefitschoice.il.gov)). **As the law permitting civil union partner coverage is not effective until June 1, 2011, coverage for civil union partners and their dependents CANNOT be requested during Benefit Choice.**
- **Student, Student Leave of Absence and Student Military Extension** – Effective July 1, 2011, these dependent categories will no longer be available. Dependents enrolled in any of these categories will automatically be reclassified as a “Sponsored Adult Child” by CMS during the month of August 2011. This reclassification will be retroactive to July 1, 2011. Members do not need to take any action regarding this transition.

- **Domestic Partners** – Effective June 1, 2011, the domestic partner dependent category will no longer be available. The removal of this category is as a result of the passage of the State’s civil union law. Dependents currently enrolled in this category will continue to have coverage as long as they remain eligible and premiums are paid. New domestic partner dependents CANNOT be added after May 31, 2011.
- **Long-Term Care Insurance** – Effective July 1, 2011, Long-Term Care (LTC) insurance will no longer be offered. Individuals who are currently enrolled in the LTC program will continue to have coverage as long as premiums continue to be paid. Information/enrollment kits may be obtained from MetLife until May 31, 2011. New enrollments must be submitted by June 29, 2011. Additional information, including contact information for MetLife, can be found on the Benefits website ([www.benefitschoice.il.gov](http://www.benefitschoice.il.gov)).
- **Prescription Drug Step Therapy (PDST)** – Beginning July 1, 2011, members enrolled in the Quality Care Health Plan or one of the self-insured managed care plans will be subject to prescription drug step therapy (PDST). PDST is a program designed to encourage members to select lower cost drugs prior to moving to a higher cost therapeutic equivalent.
- **Federal Healthcare** – The following changes are a result of the Patient Protection and Affordable Care Act:
  1. Preexisting condition limitations no longer apply.
  2. Annual and lifetime maximums have been eliminated.
  3. Residency of a dependent child, except for a dependent child enrolled in the adult veteran category, is no longer relevant. Dependent children enrolled in the adult veteran category must reside in the State of Illinois to be eligible for coverage.
  4. Marital status of a dependent child under the age of 26 is no longer relevant.
  5. Preventive services are paid at 100%.
- **Benefits Handbook** – A new State of Illinois Employees’ Benefits Handbook will be released on July 1, 2011. This handbook contains vital information for employees regarding the various benefits offered by the State. The handbook will be available on the Benefits website ([www.benefitschoice.il.gov](http://www.benefitschoice.il.gov)) beginning July 1, 2011.

A separate benefits handbook will be released for State of Illinois retirees. This handbook will contain much of the same information as the employee handbook; however, it will also contain information specific to our members enrolled as annuitants, retired employees and survivors. The Retiree, Annuitant and Survivor Benefits Handbook will be available on the Benefits website ([www.benefitschoice.il.gov](http://www.benefitschoice.il.gov)) beginning July 1, 2011.

## NOTICE OF PRIVACY PRACTICES

For Individuals Enrolled in the Quality Care Health Plan (QCHP) and the Quality Care Dental Plan (QCDP)

### **THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

The State of Illinois, Department of Central Management Services, Bureau of Benefits (Bureau), and the Department of Healthcare and Family Services are charged with the administration of the self-funded plans available through the State Employees Group Insurance Act. These plans include the Quality Care Health Plan and the Quality Care Dental Plan. The term "we" in this Notice means the Bureau, the Department of Healthcare and Family Services and our Business Associates (health plan administrators).

We are required by federal and state law to maintain the privacy of your Protected Health Information (PHI). We are also required by law to provide you with this Notice of our legal duties and privacy practices concerning your PHI. For uses and disclosures not covered by this Notice, we will seek your written authorization. You may revoke an authorization at any time; however, the revocation will only affect future uses or disclosures.

The Department of Healthcare and Family Services contracts with Business Associates to provide services including claim processing, utilization review, behavioral health services and prescription drug benefits. These Business Associates receive health information protected by the privacy requirements of the Health Insurance Portability and Accountability Act and act on our behalf in performing their respective functions. When we seek help from individuals or entities in our treatment, payment, or health care operations activities, we require those persons to follow this Notice unless they are already required by law to follow the federal privacy rule. CIGNA HealthCare is the Medical Plan Administrator. Intracorp (a CIGNA HealthCare Affiliate) is the Notification and Medical Case Management Administrator. Medco Health Solutions is the Prescription Drug Plan Administrator. Magellan Behavioral Health is the Behavioral Health Administrator. CompBenefits is the Dental Plan Administrator. If you have insured health coverage, such as an HMO, you will receive a notice from the HMO regarding its privacy practices.

#### **How We May Use or Disclose Your PHI:**

**Treatment:** We may use or disclose PHI to health care providers who take care of you. For example, we may use or disclose PHI to assist in coordinating health care or services provided by a third party. We may also use or disclose PHI to contact you and tell you about alternative treatments, or other health-related benefits we offer. If you have a friend or family member involved in your care, with your express or implied permission, we may give them PHI about you.

**Payment:** We use and disclose PHI to process claims and make payment for covered services you receive under your benefit plan, except for genetic information that is PHI. For example, your provider may submit a claim for payment. The claim includes information that identifies you, your diagnosis, and your treatment.

**Health Care Operations:** We use or disclose PHI for health care operations, except for genetic information that is PHI. For example, we may use your PHI for customer service activities and to conduct quality assessment and improvement activities.

**Appointment Reminders:** Through a Business Associate, we may use or disclose PHI to remind you of an upcoming appointment.

#### **Legal Requirements:**

We may use and disclose PHI **as required or authorized by law. We are also prohibited from use or disclosure of certain information.** For example:

**Public Health:** We may use and disclose PHI to prevent or control disease, injury or disability, to report births and deaths, to report reactions to medicines or medical devices, to notify a person who may have been exposed to a disease, or to report suspected cases of abuse, neglect or domestic violence.

**Health Oversight Activities:** We may use and disclose PHI to state agencies and federal government authorities when required to do so. We may use and disclose your health information in order to determine your eligibility for public benefit programs and to coordinate delivery of those programs. For example, we must give PHI to the Secretary of Health and Human Services in an investigation into compliance with the federal privacy rule.

**Judicial and Administrative Proceedings:** We may use and disclose PHI in judicial and administrative proceedings. In some cases, the party seeking the information may contact you to get your authorization to disclose your PHI.

**Law Enforcement:** We may use and disclose PHI in order to comply with requests pursuant to a court order, warrant, subpoena, summons, or similar process. We may use and disclose PHI to locate someone who is missing, to identify a crime victim, to report a death, to report criminal activity at our offices, or in an emergency.

**Avert a Serious Threat to Health or Safety:** We may use or disclose PHI to stop you or someone else from getting hurt.

**Work-Related Injuries:** We may use or disclose PHI to workers' compensation or similar programs in order for you to obtain benefits for work-related injuries or illness.

**Coroners, Medical Examiners, and Funeral Directors:** We may use or disclose PHI to a coroner or medical examiner in some situations. For example, PHI may be needed to identify a deceased person or determine a cause of death. Funeral directors may need PHI to carry out their duties.

**Organ Procurement:** We may use or disclose PHI to an organ procurement organization or others involved in facilitating organ, eye, or tissue donation and transplantation.

**Release of Information to Family Members:** In an emergency, or if you are not able to provide permission, we may release limited information about your general condition or location to someone who can make decisions on your behalf.

**Armed Forces:** We may use or disclose the PHI of Armed Forces personnel to the military for proper execution of a military mission. We may also use and disclose PHI to the Department of Veterans Affairs to determine eligibility for benefits.

**National Security and Intelligence:** We may use or disclose PHI to maintain the safety of the President or other protected officials. We may use or disclose PHI for national intelligence activities.

**Correctional Institutions and Custodial Situations:** We may use or disclose PHI to correctional institutions or law enforcement custodians for the safety of individuals at the correctional institution, those who are responsible for transporting inmates, and others.

**Research:** You will need to sign an authorization form before we use or disclose PHI for research purposes except in limited situations where special approval has been given by an Institutional Review or Privacy Board. For example, if you want to participate in research or a clinical study, an authorization form must be signed.

**Fundraising and Marketing:** We do not undertake fundraising activities. We do not release PHI to allow other entities to market products to you.

**Underwriting:** We are prohibited from using or disclosing PHI that is genetic information about an individual for underwriting purposes.

**Plan Sponsors:** Your employer is not permitted to use PHI for any purpose other than the administration of your benefit plan. If you are enrolled through a unit of local government, we may disclose summary PHI to your employer, or someone acting on your employer's behalf, so that it can monitor, audit or otherwise administer the employee health benefit plan that the employer sponsors and in which you participate.

**Illinois Law:** Illinois law also has certain requirements that govern the use or disclosure of your PHI. In order for us to release information about mental health treatment, your AIDS/HIV status, and alcohol or drug abuse treatment, you will be required to sign an authorization form unless Illinois law allows us to make the specific type of use or disclosure without your authorization.

**Your Rights:**

You have certain rights under federal privacy laws relating to your PHI. To exercise these rights, you must submit your request in writing to the appropriate plan administrator. These plan administrators are as follows:

<b>For the Medical Plan Administrator and Notification/Medical Case Management:</b> CIGNA HealthCare, Privacy Office P.O. Box 5400 Scranton, PA 18503 800-762-9940	<b>For Pharmacy Benefits:</b> Medco Health Solutions, Privacy Services Unit P.O. Box 800 Franklin Lakes, NJ 07417 800-987-5237
<b>For Behavioral Health Benefits:</b> Magellan Behavioral Health, Privacy Officer 1301 E. Collins Blvd. Suite 100 Richardson, TX 75081 800-513-2611	<b>For Dental Plan Benefits:</b> CompBenefits, Privacy Officer 100 Mansell Court East, Suite 400 Roswell, GA 30076 800-342-5209

**Restrictions:** You have a right to request restrictions on how your PHI is used for purposes of treatment, payment and health care operations. We are not required to agree to your request.

**Communications:** You have a right to receive confidential communications about your PHI. For example, you may request that we only call you at home or that we send your mail to another address. If your request is put in writing and is reasonable, we will accommodate it. If you feel you may be in danger, just tell us you are "in danger" and we will accommodate your request.

**Inspect and Access:** You have a right to inspect information used to make decisions about you. This information includes billing and medical record information. You may not inspect your record in some cases. If your request to inspect your record is denied, we will send you a letter letting you know why and explaining your options.

You may copy your PHI in most situations. If you request a copy of your PHI, we may charge you a fee for making the copies. If you ask us to mail your records, we may also charge you a fee for mailing the records.

**Amendment of your Records:** If you believe there is an error in your PHI, you have a right to make a request that we amend your PHI. We are not required to agree with your request to amend. We will send you a letter stating how we handled your request.

**Accounting of Disclosures:** You have a right to receive an Accounting of Disclosures that we have made of your PHI for purposes other than treatment, payment, and health care operations, or disclosures made pursuant to your authorization. We may charge you a fee if you request more than one Accounting in a 12-month period.

**Copy of Notice and Changes to the Notice:** You have a right to obtain a paper copy of this Notice, even if you originally obtained the Notice electronically. We are required to abide with terms of the Notice currently in effect; however, we may change this Notice. Changes to the Notice are applicable to the health information we already have. If we materially change this Notice, you will receive a new Notice within sixty (60) days of the material change. You can also access a revised Notice on our website at "<http://www.benefitschoice.il.gov>".

**Complaints:** If you feel that your privacy rights have been violated, you may file a complaint by contacting the Privacy Officer of the respective plan administrator. If the Privacy Officer does not handle your complaint or request adequately, please contact the Central Management Services, Privacy Officer, Department of Central Management Services, 401 South Spring, Room 720, Springfield, Illinois 62706, 217-782-9669. We will not retaliate against you for filing a complaint. You may also file a complaint with the Secretary of Health and Human Services in Washington, D.C. if you feel your privacy rights have been violated. **EFFECTIVE DATE: July 1, 2010**